

STORM TEA®

ORGANIC CAFFEINE FREE ROOIBOS INDIAN CHAI

AT A GLANCE

Origin: The rooibos comes from Cederberg South Africa and the spices are from Sri Lanka

Process: Sundried.

Available in: 15 pyramids, 50 pyramids and loose leaf.

BACKGROUND INFORMATION

Our organic rooibos comes from South Africa and is enlivened by a chai recipe created by our friends in Sri Lanka. Whole pieces of Sri Lankan organic cinnamon, cardamom, black pepper, ginger and cloves are blended before being carefully combined with the rooibos to create a warm and spicy flavour with hints of nuttiness on the finish.

HEALTH BENEFITS

Rooibos is comforting yet refreshing and is caffeine free. It is also high in minerals and antioxidants so is thought to be good for teeth and bones and aids a good night's sleep.

BREWING INSTRUCTIONS

Place 1 organic rooibos chai tea pyramid into a cup/mug or small teapot, add boiling water and brew for between 3 and 5 mins.

When brewing loose leaves in a teapot use 1 teaspoon of leaf per person with 250mls of water per person.

   @STORMTEA



SOUTH AFRICA

ORGANIC ROOIBOS FROM CEDERBERG, SOUTH AFRICA.

CINNAMON, GINGER, CLOVES, NUTMEG, CARDAMOM, BLACK PEPPER ALL FROM SRI LANKA.



STORM TEA®

ORGANIC WHOLE CAMOMILE BLOSSOMS

AT A GLANCE

Origin: Egypt and other chamomile meadows around the world.

Process: sundried in Egypt

Available in: 15 pyramids, 50 pyramids and loose blossoms.

BACKGROUND INFORMATION

We source the finest quality whole blossoms from organic chamomile meadows around the world to brew up an elegant, floral and naturally sweet infusion.

HEALTH BENEFITS

Drinking chamomile tea soothes the nervous system so that you can sleep better. It has been used as a solution for insomnia for centuries and is naturally caffeine free. With its anti-inflammatory and anti-septic properties, chamomile helps in clearing up skin irritations such as eczema, acne, and allergies.

BREWING INSTRUCTIONS

Place 1 organic chamomile tea pyramid into a cup/mug or small teapot, add water heated to around 90C and brew for between 3 and 5 mins.

When brewing loose blossoms in a teapot use 1 teaspoon of blossoms per person with 250mls of water per person.



SUN DRIED ORGANIC CAMOMILE FROM, EGYPT, NORTH AFRICA.



STORM TEA®

ORGANIC EARL GREY HARRINGTON ESTATE

AT A GLANCE

Origin: Sri Lanka

Garden names: Harrington Estate

Process: black orthodox process

Available in: 15 pyramids, 50 pyramids
and loose leaf tea.

BACKGROUND INFORMATION

The Harrington Tea Garden is situated in the Dimbula Mountains of Sri Lanka and is certified organic. This fine and flavoursome black tea is infused with extracts of bergamot to create a zesty and satisfying cup of Earl Grey tea.

HEALTH BENEFITS

Our organic Earl Grey has many health benefits locked within the leaves of black tea including the ability to aid digestive disorders, reduce high cholesterol levels and the polyphenols are known to neutralise free radicals that can cause cancer. The flavonoids present in bergamot oil are very good relaxants as well. They soothe nerves and reduce nervous tension, anxiety and stress, all of which can help with ailments associated with stress such as high blood pressure, insomnia, and depression.

BREWING INSTRUCTIONS

Place 1 organic Earl Grey tea pyramid into a cup/mug or small teapot, add boiling water brew for between 3 and 5 mins.

When brewing loose leaves in a teapot use 1 teaspoon of leaf per person with 250mls of water per person.



SRI LANKA

ORGANIC EARL GREY FROM
HARRINGTON ESTATE, DIMBULA
MOUNTAINS, SRI LANKA.



STORM TEA®

ORGANIC ESTATE BREAKFAST TEA

AT A GLANCE

Origin: India and Sri Lanka

Garden names: Jalinga Tea Estate in Assam, India and the Harrington Estate in Dimbula, Sri Lanka.

Process: Orthodox - Broken orange pekoe.

Available in: 15 pyramids, 50 pyramids and loose leaf tea.

BACKGROUND INFORMATION

A blend of organic black teas from the Jalinga Tea Estate in Assam, India and the Harrington Estate in Dimbula, Sri Lanka.

The Assam component delivers body, strength and rich maltiness while the Sri Lanka tea adds brightness and complexity to the blend. The result is a rich and tasty cup of tea - not necessarily just for breakfast. Enjoy black or with milk or a slice of lemon.

HEALTH BENEFITS

There are many health benefits locked within the leaves of black tea including the ability to aid digestive disorders, reduce high cholesterol levels and the polyphenols are known to neutralise free radicals that can cause cancer.

BREWING INSTRUCTIONS

Place 1 organic Estate Breakfast tea pyramid into a cup/mug or small teapot, add boiling water brew for between 3 and 5 mins.

When brewing loose leaves in a teapot use 1 teaspoon of leaf per person with 250mls of water per person.



ORGANIC ASSAM TEA FROM WEST JALINGA TEA ESTATE, ASSAM. ORGANIC CEYLON TEA FROM HARRINGTON ESTATE DIMBULA REGION SRI LANKA.



STORM TEA®

ORGANIC GREENFIELDS ESTATE TEA

AT A GLANCE

Origin: The Uva Highlands of Sri Lanka

Garden names: Thotulagalla Tea Estate

Process: Green – steamed and pan fired.

Available in: 15 pyramids, 50 pyramids and loose leaf tea.

BACKGROUND INFORMATION

Our green leaf tea comes from the organic Thotulagalla Tea Garden which is part of the Greenfield Estate in the Uva Highlands of Sri Lanka. High up in the mountains the tender young leaves are carefully plucked before being steamed and pan fired. The result is a light and pleasing flavour with hints of summer meadows and sweet tobacco.

HEALTH BENEFITS

Ever since its discovery in China tea has been appreciated for its medicinal qualities. In more recent times research has focused upon the abundant polyphenols that are found in tea - particularly in green tea and their antioxidant effects. Polyphenols are said to neutralise free radicals which may help to halt or slowdown the onset of illnesses such as cancer and cardiovascular disease.

BREWING INSTRUCTIONS

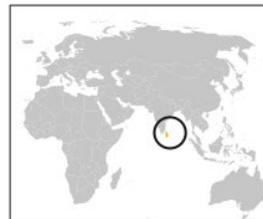
Place 1 organic green tea pyramid into a cup/mug or small teapot, add water heated to around 80C and brew for between 3 and 5 mins.

When brewing loose leaves in a teapot use 1 teaspoon of leaf per person with 250mls of water per person.



SRI LANKA

THE UVA HIGHLANDS OF SRI LANKA,
GARDEN NAME:
THOTULAGALLA TEA ESTATE.



STORM TEA®

ORGANIC HIBISCUS, ROSEHIP, APPLE & STRAWBERRY

AT A GLANCE

Origin: Various European organic fruit farms

Process: Sundried pieces.

Available in: 15 pyramids, 50 pyramids and loose leaf.

BACKGROUND INFORMATION

Hibiscus is the dominant flavour in this vitamin packed combination of real organic fruit pieces that also includes rosehip, strawberry and apple. The result is a piquant and bright flavour full of heady fruitiness and natural sweetness.

HEALTH BENEFITS

It's a great dieting product as it makes a perfect pudding substitute since its sweet and delicious flavour helps to curb the desire for a desert and is virtually calorie free. It contains Vitamin C and is caffeine-free.

BREWING INSTRUCTIONS

Place 1 organic hibiscus, rosehip, raspberry and apple pyramid into a cup/mug or small teapot, add freshly boiled water and brew for between 3 to 5 mins.

When brewing loose pieces in a teapot use 1 teaspoon of fruit pieces per person with 250mls of water per person.



VARIOUS EUROPEAN ORGANIC FRUIT FARMS AND BLENDED FOR STORM IN GERMANY



STORM TEA®

ORGANIC NORTH AFRICAN PEPPERMINT LEAVES

AT A GLANCE

Origin: Egypt

Process: Sundried

Available in: 15 pyramids, 50 pyramids
and loose leaf.

BACKGROUND INFORMATION

It is argued that the world's best peppermint comes from North Africa where drinking tea made from peppermint leaves is a part of life's daily routine and pleasure for many people. We source our peppermint from an organic farm in Egypt where the leaves are cut and dried under the African sunshine.

The flavour is bright, minty and refreshing with natural sweetness and a long, fresh finish.

HEALTH BENEFITS

Naturally caffeine free and known to relieve stress and anxiety and with its ability to relax muscles it can also be taken to help with a good night's sleep. Peppermint leaves are probably best known for their ability to aid digestion and settle a bloated tummy. Peppermint tea is a proven appetite suppressant, and the naturally sweet flavour of peppermint means that a cup of the infusion can stand in perfectly for dessert, making it easier to stick to your healthy eating goals.

BREWING INSTRUCTIONS

Place 1 peppermint pyramid into a cup/mug or small teapot, add freshly boiled water and brew for between 3 to 5 mins.

When brewing loose leaves in a teapot use 1 teaspoon of leaf per person with 250mls of water per person.



SUN DRIED ORGANIC PEPPERMINT
FROM TOBHA SMALL GROWERS
SOCIETY, EYGPT, NORTH AFRICA.



STORM TEA®

ORGANIC SRI LANKA LEMONGRASS AND GINGER

AT A GLANCE

Origin: Sri Lanka

Garden names: Small holder farmers of the Central Mountain range.

Process: Hand cut and sun dried.

Available in: 15 pyramids, 50 pyramids and loose leaf.

BACKGROUND INFORMATION

We work with smallholder farmers in the Central Mountain range of Sri Lanka who grow high quality organic lemon grass and ginger. Their produce is gently sundried and hand cut before being blended and packed at source for extra freshness.

The flavour is bright and warming with a delicious balance between the lemony nuances and the ginger bite.

HEALTH BENEFITS

Lemongrass is rich in antioxidants so helps protect cells from cancer forming free radicals. It is said to promote healthy skin too. Ginger helps to sooth digestive systems and nausea and lower cholesterol levels too.

Its sweet flavour and virtually calorie free status make it a perfect dieting aid. Enjoy a cup instead of a desert to reduce cravings - and pounds!

BREWING INSTRUCTIONS

Place 1 organic lemongrass and ginger pyramid into a cup/mug or small teapot, add freshly boiled water and brew for between 3 to 5 mins.

When brewing loose leaves in a teapot use 1 teaspoon of leaf per person with 250mls of water per person.



SRI LANKA

ORGANIC LEMONGRASS & GINGER
FROM FOREST GARDEN GROWERS
ASSOCIATION, SRI LANKA.



   @STORMTEA

